



KENNEDY CATHOLIC FAMILY OF SCHOOLS

Saint John Paul II Elementary School • Kennedy Catholic Middle / High School

GUIDANCE ON QUARANTINE AND ISOLATION

Updated as of January 4, 2022

For additional guidance or questions, call the school nurse at 724-342-2205

For **quarantine** and **isolation**: Stay home. Do not go to school, work, or attend social or extracurricular activities. Do not allow visitors in your home. Additional for **isolation**: Stay in a specific “sick room” or area and use a separate bathroom if available. See below for guidance on number of days you are required to quarantine and isolate.

Quarantine is for when you might have been exposed to the virus and may or may not have been infected.

Isolation is for when you have been infected with the virus, even if you don’t have symptoms.

If You Were Exposed to Someone with COVID-19

You have NO symptoms and	You must	If you develop symptoms at any time	If test results are positive, Regardless of vaccination status
Have been boosted OR Completed the primary series of Pfizer or Moderna vaccine within the last 6 months OR J&J vaccine within the last 2 months	Wear a mask around others for 10 days. Monitor symptoms & social distance. Test on day 5, if possible.	Get a test and isolate . Stay home and follow guidance in the next column.	You MUST isolate for 10 days. Day 0 is onset of symptoms or day of test. Inform your close contacts that you have COVID-19 and that they must quarantine if they are not vaccinated.
Have completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted OR J&J over 2 months ago and are not boosted OR Are unvaccinated	Must Quarantine. Stay home for 5 days. Wear a mask around others for 5 additional days. Monitor for symptoms & social distance. Test on day 5, if possible. If you live with someone who is positive, stay home while they are in isolation AND an additional 5 days after their isolation ends.	Get a test and isolate . Stay home and follow guidance in the next column.	You can leave your house after 5 days IF you have no symptoms OR your symptoms are resolving, which means, for 24 hours, without the use of medication, you have: <ul style="list-style-type: none"> • No fever • No vomiting or diarrhea • No sore or painful throat (if present, should be mild enough that pain medication is not needed) Continue to <ul style="list-style-type: none"> • Wear a mask • Monitor for symptoms & social distance